Keith was born in East London and went to Wareham Secondary Modern School. He worked for the Admiralty at Holton Heath and the Plumb Centre. Keith joined Wareham Town Council in 1998 and is still serving. Town Planning is a personal interest of his and Keith is now the Chairman of the Planning committee and sits on the Neighbourhood Plan Steering Group. He also sits on the Personnel Committee and represents the Town Council on the DAPTC committee. Keith is the Mayor for the year 2021-2022 and will be supporting the Wareham Scout and Guide Groups.